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Claims

1. A topical composition comprising:
 - a) an effective amount of borage seed oil, and
 - b) an effective amount of Angelica pubescens root.
2. A topical composition of claim 1, further comprising:
 - c) an effective amount of Coleus forskohlii extract.
3. A topical composition of claim 1, further comprising:
 - c) an effective amount of vinpocetine.
4. A topical composition of claim 1, further comprising:
 - c) an effective amount of Coleus forskohlii extract, and
 - d) an effective amount of vinpocetine.
5. A topical composition of claim 4, wherein
 - a) borage seed oil is 10-99% w/w of said composition,
 - b) Angelica pubescens root extract is 0.001-99% w/w of said composition,
 - c) Coleus forskohlii is 0.001-8% w/w of said composition, and
 - d) vinpocetine is 0.001-8% w/w of said composition.
6. A topical composition comprising:
 - a) an effective amount of borage seed oil, and
 - b) an effective amount of Coleus forskohlii extract.
7. A topical composition comprising:
 - a) an effective amount of borage seed oil, and
 - b) an effective amount of vinpocetine.

- 5 8. A topical composition comprising:
a) an effective amount of *Angelica pubescens* root, and
b) an effective amount of *Coleus forskohlii* extract.
- 10 9. A topical composition comprising:
a) an effective amount of *Angelica pubescens* root, and
b) an effective amount of vinpocetine.
- 15 10. A topical composition comprising:
a) an effective amount of *Coleus forskohlii* extract,
b) an effective amount of vinpocetine.
- 20 11. A topical composition comprising:
a) an effective amount of *Angelica pubescens* root,
b) an effective amount of *Coleus forskohlii* extract, and
c) an effective amount of vinpocetine.
- 25 12. A topical composition comprising:
an effective amount of borage seed oil and an effective amount of at least
one of *Angelica pubescens* root or other *angelica* species root, *Coleus*
forskohlii extract, vinpocetine, magnesium and its salts, and ferulic acid.
- 30 13. A topical composition of claim 4, further comprising a pharmaceutically
acceptable topical excipient.
14. A topical composition of claim 13, wherein said excipient is one or more of:
magnesium and its salts, ferulic acid, capric/caprylic triglyceride, silica,
vitamin E, vitamin E acetate or salts thereof, ascorbyl palmitate or salts
thereof, saccharin, fragrances, and flavors.

- 5 15. A topical composition of claim 13, further comprising 2-10 wt% deionized distilled water, .5-5 wt% sorbitan monooleate, 0.5-5 wt% lecithin and 0.25-2 wt% of flavor and/or fragrance enhancers.
- 10 16. A method of facilitating female sexual arousal, female sexual response or heightened female genital sensation, comprising administering an effective amount of a composition of claim 1.
- 15 17. A method of treating female sexual arousal disorder, female orgasmic disorder, or female sexual pain disorder comprising administering an effective amount of a composition of claim 12.
- 20 18. A method of treating female sexual dysfunction, comprising administering an effective amount of a composition of claim 1.
- 25 19. A method of facilitating female sexual arousal or female sexual response, comprising administering an effective amount of a composition comprising an effective amount of borage seed oil.
- 30 20. A method of treating female sexual arousal disorder, female orgasmic disorder, or female sexual pain disorder comprising administering an effective amount of a composition comprising an effective amount of borage seed oil.
21. A topical composition comprising:
effective amounts of GLA and osthole.
22. A topical composition comprising:
effective amounts of GLA and eburnamenine-14-carboxylic acid ethylester.

- 5 23. A topical composition comprising:
effective amounts of osthole and eburnamenine-14-carboxylic acid
ethylester.
- 10 24. A topical composition comprising:
effective amounts of GLA, osthole, and eburnamenine-14-carboxylic acid
ethylester.
- 15 25. A method of facilitating female sexual arousal or female sexual response,
comprising administering a composition comprising effective amounts of
GLA and at least one of osthole, and eburnamenine-14-carboxylic acid
ethylester.